



# MEMORIAL DAY

**MONDAY, MAY 30**

**FITNESS CENTER**

4:30 a.m.-4 p.m.

**OPEN GYM**

5 a.m.-4 p.m.

Members only

**GUEST SERVICES**

8 a.m.-4 p.m.

**CHILD CARE**

8 a.m.-Noon

**TENNIS & MEMBERSHIP**

Closed

## POOLS

**COMPETITION**

5 a.m.-4 p.m.

Lap Swim only

**LEISURE**

11 a.m.-4 p.m.

**THERAPY**

5-9 a.m. &

Noon-2 p.m.

Adults only

## GROUP EXERCISE CLASSES

**CYCLING**

5:15 a.m.

Ryan

**CHISEL**

5:15 a.m.

Chrissa

**YOGA BASICS**

7 a.m.

Deb

**CYCLING**

8:30 a.m.

Ryan

**POWER HOUR**

9 a.m.

Gera

**GENTLE VINYASA YOGA**

10:30 a.m.

Rose



[foxvalleyparkdistrict.org](http://foxvalleyparkdistrict.org)