

The image features a vibrant background with a grid of blue lines and glowing purple and blue circles. Two dancers in black sequined leotards and tan shoes are the central focus. One dancer stands on the left with an expressive pose, while the other sits on the floor on the right. The company name is prominently displayed at the top.

# A-Factor

DANCE COMPANY

PARENT HANDBOOK  
2020-2021 SEASON

# DANCE. DREAM.

## DANCER EXPECTATIONS

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- Respect the instructors, Director and peers.
- Rehearse and memorize the choreography throughout the season.
- Arrive on-time for all classes, performances, competitions and events.
- Have fun and enjoy dancing while working productively.
- Have a positive and encouraging attitude toward fellow dancers.
- Realize the importance of resolving issues in a friendly manner; understanding that bullying will not be tolerated.
- Take and apply direction and corrections at all times.
- Put all wireless devices away during class and rehearsal time.
- Attend all required technique classes.
- Take care of all costume pieces, props and dancewear, bringing to the studio when necessary.
- Meet proper attire and appearance standards at all rehearsals.
- Represent A-Factor Dance Company and Steppin' Out Dance Studio in a positive and appropriate manner.
- Represent A-Factor Dance Company in a positive manner on all social media sites. No one can create pages or post comments on behalf of A-Factor Dance Company. No one can use the A-Factor Dance Company name, logo or pictures to create images or pages that infringe upon the copyright and rights of the Fox Valley Park District.

## ATTENDANCE POLICY

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Consistently arriving late or being absent from A-Factor Dance Company rehearsals may result in removal from a performance or the company. The Director must be notified of any absences at least one month in advance. Failure to do so will result in an unexcused absence. Unexcused absences may result in dismissal from the company. Any illness-related absences must be communicated at least one hour before a rehearsal begins.

## REQUIRED TECHNIQUE CLASSES

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Dancers are required to take the company ballet and jazz classes throughout the season. If a dancer misses a required technique class, the dancer will be expected to attend another class of the same style to make up for the absence. Approval from the Director is required before attending a make-up class.

## INJURIES

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Dancers are required to notify the Director and instructor(s) immediately when an injury occurs during class or rehearsals. If an injury has occurred, the Director and instructors reserve the right to remove the dancer from the piece. Safety is our number one concern, and all aspects of the situation will be taken into consideration. Injured dancers may be asked to observe and take notes during rehearsals. Injured dancers must provide a doctor's note of clearance to begin participating in class and rehearsals again.

## EXTRA-CURRICULAR ACTIVITIES

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Dancers are encouraged to participate in additional activities and school programs. Please be sure they do no conflict with A-Factor rehearsals, classes or performances.

## COMMUNICATIONS

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The BAND app will be used for all communications. Please check this app for updated information and messages throughout the season. You may use this app to communicate with other parents, instructors and the Director.

Emails may be sent throughout the season with important information. Please check your email regularly.

All internal decisions and communications must be kept internal. Do not communicate any A-Factor Dance Company details with other dance studios or individuals outside of the program.

# COMPETE. EXCEL.

## PLACEMENT & CASTING

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Dancers will be placed in the appropriate level based on their audition. Placement is final for the season. Casting decisions are based on who dances well together. The number of pieces a dancer is selected to perform in is based on their placement in the company. Level one will perform 1-2 pieces; level two will perform 2-3 pieces; level three will perform 3-4 pieces.

## REHEARSAL SCHEDULE

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Dancers must attend all technical rehearsals and dress rehearsals in order to perform. Schedules will be sent out at least one month in advance of the performance. Rehearsal times and dates are subject to change. Sunday and Monday rehearsals are required as scheduled.

## PERFORMANCES

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The Summer Dance Concert and Winter Showcase performances are required for all A-Factor dancers. Dancers are not required to participate in the Spring Recital for technique class dances, but are required to perform in A-Factor dances as scheduled. Photography and videography is strictly prohibited in all performances.

## FUNDRAISING

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Fundraisers will be held throughout the season to assist with convention and competition fees. All fundraisers will go through the dance company, and all funds raised will be kept by the dance company. Fundraisers will also be used to raise funds for costumes and various A-Factor items. If your dancer chooses to drop the program or an event is canceled, fundraised credits will not be refunded and will be absorbed by the program.

## CHOREOGRAPHY

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Choreography is an artistic expression and is never meant to upset a dancer and/or a parent. If you have any concerns regarding choreography, please contact the Director. All casting decisions made by the Director or instructors are final. Dancers should always show respect for instructors and choreography by dancing full out.

## COSTUMES

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Dancers are responsible for all costume pieces loaned to them during the season. Take care of all costume pieces, and return costumes as instructed on the return date. If a costume is damaged or not returned, the dancer will be charged the cost to replace the item(s).

## REQUIRED DANCEWEAR

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- **Company Jacket:** worn to all competitions and conventions  
[www.teamstore.gtmsportswear.com/AFACTOR](http://www.teamstore.gtmsportswear.com/AFACTOR)
- **Leotard** (females only): nude with clear straps
- **Tights** (females only): Balera Convertible Tights, Suntan  
[www.dancewearsolutions.com](http://www.dancewearsolutions.com)
- **Shoes**
  - Tan Jazz: Block Adult "Super Jazz" Slip-On  
[www.discountdance.com](http://www.discountdance.com)
  - Black Tap (only purchase if cast in a tap piece): Any brand, lace-up
- **Earrings** (females only): Balera 8mm Rhinestone Silver (post or clip-on)  
[www.dancewearsolutions.com](http://www.dancewearsolutions.com)

**MORE ON BACK**

# PERFORM. GROW.

## REQUIRED HAIR PRODUCTS

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- **Hair pins:** any brand, match hair color
- **Hair ties:** any brand, match hair color
- **Hair spray:** any brand
- **Donut Bun Maker:** any brand, match hair color
- **Hair net:** any brand, match hair color, thin material

## REQUIRED MAKEUP PRODUCTS

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- **Foundation:** any brand, match skin color.
- **Blush:** any brand, pink
- **Eyeshadow:** any brand, brown
- **Eyebrow brush:** waterproof, any brand, match hair color
- **Eyeliner:** any brand, black
- **False eyelashes:** any brand, black
- **Eyelash glue:** any brand, black
- **Mascara:** waterproof, any brand, black
- **Lipstick:** any brand, light red
- **Setting powder:** any brand, match skin color

## CONTACT

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