

Tennis

Serve up success! Everyone from the highly competitive to purely social player can take advantage of the Vaughan Tennis Center's (2121 W. Indian Trail Road, Aurora • 630-907-9600) nine indoor tennis courts at the). The indoor tennis season runs from late Aug. to May, and are available for lessons, leagues and open play. Outdoor courts are available at Austin Memorial Park, Goodwin Park, Washington Park and Waubonsie Valley High School.

Tennis Program Manager: Brad Schmidt, CPRP
 Head Pro: Jim Kuntzi, USPTA
 Youth Program Coordinator: Jonathan Kerch, USPTA

Outdoor Tennis Courts

AUSTIN MEMORIAL PARK

2 courts, shelter, open sunrise to one hour past sunset
 Mill Street at Route 25

GOODWIN PARK/GOODWIN ELEMENTARY SCHOOL*

4 courts, open sunrise to one hour past sunset
 Harmony Drive and Poplar Place, Aurora

WASHINGTON PARK/WASHINGTON MIDDLE SCHOOL*

9 courts, shelter, lighted until 11 p.m.
 231 S. Constitution Drive, Aurora

WAUBONSIE VALLEY HIGH SCHOOL*

12 courts, shelter, lighted until 11 p.m.
 2590 Ogden Ave., Aurora; tennis entrance off Eola Road

*Please contact schools directly for court availability during the school year.

Vaughan Tennis Center
 Play indoor! For court times,
 availability, rates, private lessons and more,
 visit foxvalleyparkdistrict.org

USTA and League Play

USTA TEAM TENNIS

Court time is reserved for USTA tennis during select times on weekends. Anyone interested in playing on a USTA team or becoming a captain of a team should call the tennis desk at 630-907-8067 or email Brad Schmidt at bschmidt@fvpd.net.

MEN'S DOUBLES – IN-HOUSE LEAGUE PLAY

Men's 4.0 in-house league. Records will be kept and league awards will be issued at the end of the season. For more information, contact Brad Schmidt at 630-907-8067.

WEEKLY DROP-IN DRILLS – SEPT. TO MAY

Level	Day	Time	Fee
Men			
4.0+	Sa	Noon to 1:30 p.m.	\$18(M) / \$20(R) / \$25(N)
3.0+	Su	7:30 to 9 a.m.	\$18(M) / \$20(R) / \$25(N)
Women			
Beginner	Tu	11 a.m. to 12:30 p.m.	\$15(M) / \$18(R) / \$20(N)
3.0/3.5	Tu	11 a.m. to 12:30 p.m.	\$15(M) / \$18(R) / \$20(N)
3.5+	Th	11 a.m. to 12:30 p.m.	\$15(M) / \$18(R) / \$20(N)
Co-ed			
4.0+	W	8 to 9:30 p.m.	\$18(M) / \$20(R) / \$25(N)

Quickstart Red Stage 1 ♦

Quickstart Red Stage 1 is an introduction to tennis. Emphasis is on having fun while playing tennis! Time is spent developing the ABC's and stroke production is introduced. An oversized, lower compression red ball with a lower bounce that is easier to hit is used. Players need to bring their own racquet. Racquets are sold at the Vaughan Tennis Center. No class Sept. 5, Nov. 24-27. (BSV)

Age	Location			
5Y-8Y	Vaughan Athletic Center			
Code	Day	Date	Time	Fee
232501-01	M	Aug. 29 - Oct. 31	5-6 p.m.	\$128(R) / \$188(N)
232501-03	Tu	Aug. 30 - Nov. 1	4-5 p.m.	\$144(R) / \$211(N)
232501-04	W	Aug. 31 - Nov. 2	5-6 p.m.	\$144(R) / \$211(N)
232501-02	Th	Sept. 1 - Nov. 3	5-6 p.m.	\$144(R) / \$211(N)
232501-05	F	Sept. 2 - Nov. 4	5-6 p.m.	\$144(R) / \$211(N)
232501-06	Sa	Sept. 10 - Nov. 5	9-10 a.m.	\$128(R) / \$188(N)
232501-08	Su	Sept. 11 - Nov. 6	11 a.m.-noon	\$128(R) / \$188(N)
232501-09	M	Nov. 7 - Dec. 19	5-6 p.m.	\$112(R) / \$164(N)
232501-10	Tu	Nov. 8 - Dec. 20	4-5 p.m.	\$112(R) / \$164(N)
232501-11	W	Nov. 9 - Dec. 21	5-6 p.m.	\$112(R) / \$164(N)
232501-12	Th	Nov. 10 - Dec. 22	5-6 p.m.	\$96(R) / \$139(N)
232501-13	F	Nov. 11 - Dec. 23	5-6 p.m.	\$96(R) / \$139(N)
232501-14	Sa	Nov. 12 - Dec. 17	9-10 a.m.	\$80(R) / \$117(N)
232501-16	Su	Nov. 13 - Dec. 18	11 a.m.-noon	\$80(R) / \$117(N)

Quickstart Red Stage 2 ♦

Quickstart Red Stage 2 is a continuation of Red 1, geared towards junior who excel athletically at a young age and/or have prior experience in the Red Stage but are not yet ready for Orange. Players need to bring their own racquet. Racquets are sold at the Vaughan Tennis Center Pro Shop. No class Sept. 5, Nov. 24-27. (BSV)

Age	Location			
5Y-8Y	Vaughan Athletic Center			
Code	Day	Date	Time	Fee
232502-01	M	Aug. 29 - Oct. 31	5-6 p.m.	\$128(R) / \$188(N)
232502-03	Tu	Aug. 30 - Nov. 1	4-5 p.m.	\$144(R) / \$211(N)
232502-04	W	Aug. 31 - Nov. 2	5-6 p.m.	\$144(R) / \$211(N)
232502-02	Th	Sept. 1 - Nov. 3	4-5 p.m.	\$144(R) / \$211(N)
232502-05	F	Sept. 2 - Nov. 4	5-6 p.m.	\$144(R) / \$211(N)
232502-06	Sa	Sept. 10 - Nov. 5	9-10 a.m.	\$128(R) / \$188(N)
232502-08	Su	Sept. 11 - Nov. 6	Noon-1 p.m.	\$128(R) / \$188(N)
232502-09	M	Nov. 7 - Dec. 19	5-6 p.m.	\$112(R) / \$164(N)
232502-10	Tu	Nov. 8 - Dec. 20	4-5 p.m.	\$112(R) / \$164(N)
232502-11	W	Nov. 9 - Dec. 21	5-6 p.m.	\$112(R) / \$164(N)
232502-12	Th	Nov. 10 - Dec. 22	4-5 p.m.	\$96(R) / \$139(N)
232502-13	F	Nov. 11 - Dec. 23	5-6 p.m.	\$96(R) / \$139(N)
232502-14	Sa	Nov. 12 - Dec. 17	9-10 a.m.	\$80(R) / \$117(N)
232502-16	Su	Nov. 13 - Dec. 18	Noon-1 p.m.	\$80(R) / \$117(N)

Quickstart Orange Stage 1 ♦

This class is the next step for juniors after completing level Red Stage 2 as well as beginning tennis players ages 9-10. Curriculum involves sending, receiving, developing athleticism and game based learning. Players need to bring their own racquet. No class Sept. 5, Nov. 24-27. (BSV)

Age	Location			
9Y-10Y	Vaughan Athletic Center			
Code	Day	Date	Time	Fee
232504-01	M	Aug. 29 - Oct. 31	4-5 p.m.	\$128(R) / \$188(N)
232504-03	Tu	Aug. 30 - Nov. 1	5-6 p.m.	\$144(R) / \$211(N)
232504-04	W	Aug. 31 - Nov. 2	4-5 p.m.	\$144(R) / \$211(N)
232504-02	Th	Sept. 1 - Nov. 3	5-6 p.m.	\$144(R) / \$211(N)
232504-05	F	Sept. 2 - Nov. 4	4-5 p.m.	\$144(R) / \$211(N)
232504-06	Sa	Sept. 10 - Nov. 5	Noon-1 p.m.	\$128(R) / \$188(N)
232504-07	Sa	Sept. 10 - Nov. 5	8-9 a.m.	\$128(R) / \$188(N)
232504-08	Su	Sept. 11 - Nov. 6	11 a.m.-noon	\$128(R) / \$188(N)
232504-09	M	Nov. 7 - Dec. 19	4-5 p.m.	\$112(R) / \$164(N)
232504-10	Tu	Nov. 8 - Dec. 20	5-6 p.m.	\$112(R) / \$164(N)
232504-11	W	Nov. 9 - Dec. 21	4-5 p.m.	\$112(R) / \$164(N)
232504-12	Th	Nov. 10 - Dec. 22	5-6 p.m.	\$96(R) / \$139(N)
232504-13	F	Nov. 11 - Dec. 23	4-5 p.m.	\$96(R) / \$139(N)
232504-14	Sa	Nov. 12 - Dec. 17	Noon-1 p.m.	\$80(R) / \$117(N)
232504-15	Sa	Nov. 12 - Dec. 17	8-9 a.m.	\$80(R) / \$117(N)
232504-16	Su	Nov. 13 - Dec. 18	11 a.m.-noon	\$80(R) / \$117(N)

Quickstart Orange Stage 2 ♦

This class is a continuation of Orange Stage 1. At this level, participants should be able to execute technically sound topspin strokes from the baseline, understand scoring, and have a reliable serve. No class Sept. 5, Nov. 24-27. (BSV)

Age	Location			
9Y-10Y	Vaughan Athletic Center			
Code	Day	Date	Time	Fee
232503-01	M	Aug. 29 - Oct. 31	5-6 p.m.	\$128(R) / \$188(N)
232503-02	Th	Sept. 1 - Nov. 3	4-5 p.m.	\$144(R) / \$211(N)
232503-03	Tu	Aug. 30 - Nov. 1	4-5 p.m.	\$144(R) / \$211(N)
232503-04	W	Aug. 31 - Nov. 2	5-6 p.m.	\$144(R) / \$211(N)
232503-05	F	Sept. 2 - Nov. 4	5-6 p.m.	\$144(R) / \$211(N)
232503-06	Sa	Sept. 10 - Nov. 5	9-10 a.m.	\$128(R) / \$188(N)
232503-08	Su	Sept. 11 - Nov. 6	Noon-1 p.m.	\$128(R) / \$188(N)
232503-09	M	Nov. 7 - Dec. 19	5-6 p.m.	\$112(R) / \$164(N)
232503-10	Tu	Nov. 8 - Dec. 20	4-5 p.m.	\$112(R) / \$164(N)
232503-11	W	Nov. 9 - Dec. 21	5-6 p.m.	\$112(R) / \$164(N)
232503-12	Th	Nov. 10 - Dec. 22	4-5 p.m.	\$96(R) / \$139(N)
232503-13	F	Nov. 11 - Dec. 23	5-6 p.m.	\$96(R) / \$139(N)
232503-15	Sa	Nov. 12 - Dec. 17	9-10 a.m.	\$80(R) / \$117(N)
232503-16	Su	Nov. 13 - Dec. 18	Noon-1 p.m.	\$80(R) / \$117(N)

Tennis Lessons

Quickstart Green Stage 1 ♦

Quickstart Green Stage 1 uses a green-dot ball that is about 75% air pressure of a standard tennis ball. Participants compete and learn on a full-size tennis court. The slower moving ball promotes longer rallies, allows participants to work on tactics and point development. No class Sept. 5, Nov. 24-27. (BSV)

Age	Location			
10Y-12Y	Vaughan Athletic Center			
Code	Day	Date	Time	Fee
232505-01	M	Aug. 29 - Oct. 31	4-5:30 p.m.	\$187(R) / \$264(N)
232505-02	Th	Sept. 1 - Nov. 3	5:30-7 p.m.	\$209(R) / \$297(N)
232505-03	Tu	Aug. 30 - Nov. 1	5:30-7 p.m.	\$209(R) / \$297(N)
232505-04	W	Aug. 31 - Nov. 2	4-5:30 p.m.	\$209(R) / \$297(N)
232505-05	F	Sept. 2 - Nov. 4	4-5 p.m.	\$144(R) / \$211(N)
232505-06	Sa	Sept. 10 - Nov. 5	8:30-10 a.m.	\$187(R) / \$264(N)
232505-07	Sa	Sept. 10 - Nov. 5	11:30 a.m.-1 p.m.	\$187(R) / \$264(N)
232505-08	Su	Sept. 11 - Nov. 6	11 a.m.-noon	\$128(R) / \$188(N)
232505-09	M	Nov. 7 - Dec. 19	4-5:30 p.m.	\$163(R) / \$231(N)
232505-10	Tu	Nov. 8 - Dec. 20	5:30-7 p.m.	\$163(R) / \$231(N)
232505-11	W	Nov. 9 - Dec. 21	4-5:30 p.m.	\$163(R) / \$231(N)
232505-12	Th	Nov. 10 - Dec. 22	5:30-7 p.m.	\$139(R) / \$198(N)
232505-13	F	Nov. 11 - Dec. 23	4-5 p.m.	\$96(R) / \$139(N)
232505-14	Sa	Nov. 12 - Dec. 17	8:30-10 a.m.	\$116(R) / \$165(N)
232505-15	Sa	Nov. 12 - Dec. 17	11:30 a.m.-1 p.m.	\$116(R) / \$165(N)
232505-16	Su	Nov. 13 - Dec. 18	11 a.m.-noon	\$80(R) / \$117(N)

Quickstart Green Stage 2 ♦

Formerly called "Match Play Prep," Green Stage 2 is a continuation of Green Stage 1. Participants look like "tennis players" while competing. Areas of weakness exist but participants are starting to feel comfortable attaching, defending, and moving around the court. No class Sept. 5, Nov. 24-27. (BSV)

Age	Location			
10Y-12Y	Vaughan Athletic Center			
Code	Day	Date	Time	Fee
232506-01	M	Aug. 29 - Oct. 31	5:30-7 p.m.	\$187(R) / \$264(N)
232506-02	Th	Sept. 1 - Nov. 3	4-5:30 p.m.	\$209(R) / \$297(N)
232506-03	Tu	Aug. 30 - Nov. 1	4-5:30 p.m.	\$209(R) / \$297(N)
232506-04	W	Aug. 31 - Nov. 2	5:30-7 p.m.	\$209(R) / \$297(N)
232506-05	F	Sept. 2 - Nov. 4	5-6 p.m.	\$144(R) / \$211(N)
232506-06	Sa	Sept. 10 - Nov. 5	10-11:30 a.m.	\$187(R) / \$264(N)
232506-07	Sa	Sept. 10 - Nov. 5	11:30 a.m.-1 p.m.	\$187(R) / \$264(N)
232506-08	Su	Sept. 11 - Nov. 6	2-3:30 p.m.	\$187(R) / \$264(N)
232506-09	M	Nov. 7 - Dec. 19	5:30-7 p.m.	\$163(R) / \$231(N)
232506-10	Tu	Nov. 8 - Dec. 20	4-5:30 p.m.	\$163(R) / \$231(N)
232506-11	W	Nov. 9 - Dec. 21	5:30-7 p.m.	\$163(R) / \$231(N)
232506-12	Th	Nov. 10 - Dec. 22	4-5:30 p.m.	\$139(R) / \$198(N)
232506-13	F	Nov. 11 - Dec. 23	5-6 p.m.	\$96(R) / \$139(N)
232506-14	Sa	Nov. 12 - Dec. 17	10-11:30 a.m.	\$116(R) / \$165(N)
232506-15	Sa	Nov. 12 - Dec. 17	11:30 a.m.-1 p.m.	\$116(R) / \$165(N)
232506-16	Su	Nov. 13 - Dec. 18	2-3:30 p.m.	\$116(R) / \$165(N)

Youth Beginner ♦

This program is for players that have had little to no tennis instruction. It will cover the technique basics for serves, forehands, backhands and volleys. Scoring and play will be introduced. Players need to bring their own racquet. No class Sept. 5, Nov. 24-27, Dec. 24-Jan. 6, Jan. 14 & 15. (BSV)

Age	Location			
11Y-13Y	Vaughan Athletic Center			
Code	Day	Date	Time	Fee
232507-02	Tu	Aug. 30 - Nov. 1	4-5 p.m.	\$144(R) / \$211(N)
232507-05	Su	Sept. 11 - Nov. 6	1-2 p.m.	\$128(R) / \$188(N)
232507-06	Tu	Nov. 8 - Feb. 28	4-5 p.m.	\$239(R) / \$352(N)
232507-07	Su	Nov. 13 - Mar. 5	1-2 p.m.	\$208(R) / \$304(N)

High School Beginner ♦

These lessons are for junior players who have had limited or no previous instruction. All stroke fundamentals as well as an introduction to competitive play are covered. Participants are encouraged to bring their own racquets. No class Sept. 5, Nov. 24-27, Dec. 24-Jan. 6, Jan. 14 & 15. (BSV)

Age	Location			
13Y-17Y	Vaughan Athletic Center			
Code	Day	Date	Time	Fee
232508-02	Su	Sept. 11 - Nov. 6	1-2 p.m.	\$128(R) / \$188(N)
232508-04	Su	Nov. 13 - Mar. 5	1-2 p.m.	\$208(R) / \$304(N)

High School Training ♦

For high school students who have learned the fundamentals of tennis. Emphasis is on stroke production, footwork, shot selection and match strategy for both singles and doubles. No class Sept. 5, Nov. 24-27, Dec. 24-Jan. 6, Jan. 14 & 15. (BSV)

Age	Location			
13Y-17Y	Vaughan Athletic Center			
Code	Day	Date	Time	Fee
232509-01	Tu	Aug. 30 - Nov. 1	6-8 p.m.	\$267(R) / \$371(N)
232509-02	W	Aug. 31 - Nov. 2	4-5:30 p.m.	\$209(R) / \$297(N)
232509-03	Su	Sept. 11 - Nov. 6	2-3:30 p.m.	\$187(R) / \$264(N)
232509-04	Tu	Nov. 8 - Feb. 28	6-8 p.m.	\$446(R) / \$618(N)
232509-05	W	Nov. 9 - Mar. 1	4-5:30 p.m.	\$349(R) / \$494(N)
232509-06	Su	Nov. 13 - Mar. 5	2-3:30 p.m.	\$303(R) / \$428(N)

Tournament Training ♦

Train for future competitive play – players should be able to rally 30 times in a row with a yellow ball, have a reliable second serve and be working on developing the first serve as a weapon. Advance techniques are taught with a focus on competitive-level fitness using high-level drills, competitive games and match play. No class Sept. 5, Nov. 24-27, Dec. 24-Jan. 6, Jan. 14 & 15. (BSV)

Age	Location			
12Y-17Y	Vaughan Athletic Center			
Code	Day	Date	Time	Fee
232510-01	Tu	Aug. 30 - Nov. 1	5-7 p.m.	\$267(R) / \$371(N)
232510-02	W	Aug. 31 - Nov. 2	6-8 p.m.	\$267(R) / \$371(N)
232510-03	Th	Sept. 1 - Nov. 3	6-8 p.m.	\$267(R) / \$371(N)
232510-04	Su	Sept. 11 - Nov. 6	3:30-6 p.m.	\$294(R) / \$359(N)
232510-05	Tu	Nov. 8 - Feb. 28	5-7 p.m.	\$446(R) / \$618(N)
232510-06	W	Nov. 9 - Mar. 1	6-8 p.m.	\$446(R) / \$618(N)
232510-07	Th	Nov. 10 - Mar. 2	6-8 p.m.	\$416(R) / \$577(N)
232510-08	Su	Nov. 13 - Mar. 5	3:30-6 p.m.	\$478(R) / \$584(N)

Tournament Training Invite (T.T.I.) ♦

T.T.I. is a transitional class between Tournament Training and our Elite programs. Juniors at this level are usually varsity level high school tennis players but due to the lack of tournament play/commitment, they do not qualify for the Elite Program. No class Sept. 5, Nov. 24-27, Dec. 24-Jan. 6, Jan. 14 & 15. (BSV)

Age	Location			
12Y-17Y	Vaughan Athletic Center			
Code	Day	Date	Time	Fee
232511-01	M	Aug. 29 - Oct. 31	4-6 p.m.	\$238(R) / \$329(N)
232511-02	Sa	Sept. 10 - Nov. 5	10 a.m.-noon	\$238(R) / \$329(N)
232511-03	M	Nov. 7 - Feb. 27	4-6 p.m.	\$446(R) / \$618(N)
232511-04	Sa	Nov. 12 - Mar. 4	10 a.m.-noon	\$386(R) / \$536(N)

Elite Junior ♦

This program is an introduction to "academy style" drilling. Curriculum involves all areas of the game; physical, mental, emotional, and tactical. Participants are committed to coming to drilling at least 2x/week and have a private coach they work with on a weekly basis. Participants hone technique and strategy through stroke analysis, fitness training, match play analysis and more. Player must receive approval from pro staff to participate. No class Sept. 5, Nov. 24-27, Dec. 24-Jan. 6, Jan. 14 & 15. (BSV)

Age	Location			
11Y-18Y	Vaughan Athletic Center			
Code	Day	Date	Time	Fee
232515-01	M	Aug. 29 - Oct. 31	7-9 p.m.	\$238(R) / \$329(N)
232515-02	W	Aug. 31 - Nov. 2	4-6 p.m.	\$267(R) / \$371(N)
232515-03	Th	Sept. 1 - Nov. 3	4-6 p.m.	\$267(R) / \$371(N)
232515-04	Su	Sept. 11 - Nov. 6	1-3:30 p.m.	\$294(R) / \$359(N)
232515-05	M	Nov. 7 - Feb. 27	7-9 p.m.	\$446(R) / \$618(N)
232515-06	W	Nov. 9 - Mar. 1	4-6 p.m.	\$446(R) / \$618(N)
232515-07	Th	Nov. 10 - Mar. 2	4-6 p.m.	\$416(R) / \$577(N)
232515-08	Su	Nov. 13 - Mar. 5	1-3:30 p.m.	\$478(R) / \$584(N)

UTR 9+ ♦

This class is reserved for Junior Players that have a current UTR rating of 9 or above. Participants at this are training for a D1 Tennis Scholarship and aiming to be top 10 in the Midwest Section. Entrance to this program requires pro approval. No class Sept. 5, Nov. 24-27, Dec. 24-Jan. 6, Jan. 14 & 15. (BSV)

Age	Location			
9Y-18Y	Vaughan Athletic Center			
Code	Day	Date	Time	Fee
232516-01	Tu	Aug. 30 - Nov. 1	5-7 p.m.	\$267(R) / \$371(N)
232516-02	Tu	Nov. 8 - Feb. 28	5-7 p.m.	\$446(R) / \$618(N)

Adult Beginner ♦

This class will teach the basics of tennis, building a solid foundation on which the student can develop. Emphasis will be on the forehand, backhand, serve and volley. No class Sept. 5, Nov. 24-27, Dec. 24-Jan. 6, Jan. 14 & 15. (BSV)

Age	Location			
18Y & up	Vaughan Athletic Center			
Code	Day	Date	Time	Fee
232512-01	M	Aug. 29 - Nov. 21	9-10 a.m.	\$192(R) / \$281(N)
232512-02	M	Aug. 29 - Nov. 21	6:30-7:30 p.m.	\$192(R) / \$281(N)
232512-03	Tu	Aug. 30 - Nov. 22	7:30-8:30 p.m.	\$208(R) / \$304(N)
232512-04	Sa	Sept. 10 - Nov. 19	Noon-1 p.m.	\$176(R) / \$258(N)
232512-05	Su	Sept. 11 - Nov. 20	11 a.m.-noon	\$176(R) / \$258(N)
232512-06	M	Nov. 28 - Feb. 27	9-10 a.m.	\$192(R) / \$281(N)
232512-07	M	Nov. 28 - Feb. 27	6:30-7:30 p.m.	\$192(R) / \$281(N)
232512-08	Tu	Nov. 29 - Feb. 28	7:30-8:30 p.m.	\$192(R) / \$281(N)
232512-09	Sa	Dec. 3 - Mar. 4	Noon-1 p.m.	\$176(R) / \$258(N)
232512-10	Su	Dec. 4 - Mar. 5	11 a.m.-noon	\$176(R) / \$258(N)

Adult Intermediate ♦

This program focuses on stroke development and situational drills to develop a more competitive player. Classes also involve tennis play. No class Sept. 5, Nov. 24-27, Dec. 24-Jan. 6, Jan. 14 & 15. (BSV)

Age	Location			
18Y & up	Vaughan Athletic Center			
Code	Day	Date	Time	Fee
232513-01	Tu	Aug. 30 - Nov. 22	6:30-8 p.m.	\$303(R) / \$428(N)
232513-02	Th	Sept. 1 - Nov. 17	6-7:30 p.m.	\$279(R) / \$396(N)
232513-03	Su	Sept. 11 - Nov. 20	Noon-1 p.m.	\$176(R) / \$258(N)
232513-04	Tu	Nov. 29 - Feb. 28	6:30-8 p.m.	\$279(R) / \$396(N)
232513-05	Th	Dec. 1 - Mar. 2	6-7:30 p.m.	\$279(R) / \$396(N)
232513-06	Su	Dec. 4 - Mar. 5	Noon-1 p.m.	\$176(R) / \$258(N)

Hi-Intensity Tennis (H-I-T) ♦

High-Intensity Tennis (H-I-T) is a fun group activity featuring workout-focused drills and point play to give players of all abilities an ultimate, high-energy workout. H-I-T includes warm-up, cardio workout and cool-down phases. No class Sept. 5, Nov. 24-27, Dec. 24-Jan. 6, Jan. 14 & 15. (BSV)

Age	Location			
18Y & up	Vaughan Athletic Center			
Code	Day	Date	Time	Fee
232514-01	Tu	Aug. 30 - Nov. 22	8-9 p.m.	\$208(R) / \$304(N)
232514-02	Su	Sept. 11 - Nov. 20	Noon-1 p.m.	\$176(R) / \$258(N)
232514-03	Tu	Nov. 29 - Feb. 28	8-9 p.m.	\$192(R) / \$281(N)
232514-04	Su	Dec. 4 - Mar. 5	Noon-1 p.m.	\$176(R) / \$258(N)

Scholarship Opportunities!
 For programs that offer scholarship opportunities, look for this diamond shape ■
 See page 111 for more information!